

# Sandy Stream

AUTHOR



## MORE ABOUT ME

Sandy Stream is an author and activist whose work is built on the belief that everyone deserves and is capable of finding peace and warrior-like strength within themselves. After teaching law for 20 years, raising her two children, and facing a life full of adversities and lessons, she decided to turn her efforts towards facilitating workshops for young and experienced adults to encourage them to live in peace and power.

## GET IN TOUCH

[INFO@THECOURAGECIRCLE.COM](mailto:INFO@THECOURAGECIRCLE.COM)

[HTTP://THECOURAGECIRCLE.COM/](http://THECOURAGECIRCLE.COM/)

**MONTREAL, CANADA**

## ABOUT THE COURAGE CIRCLE

**"Every experience, trauma, pain, beautiful moment, and teacher brought me to this spot to write this book. And everything you have lived has brought you here. And here we are together."**

Join Sandy Stream in The Courage Circle, as she invites readers to muster the courage to face their past and step into the life they were meant to live. Through stories of her own personal experience, struggle, and growth, Sandy shows firsthand how you can start to find your inner peace.

If you are ready to heal old wounds, align your body and soul, harness your confidence, and reclaim your energy, then The Courage Circle is for you.

## INTERVIEW QUESTIONS

- What does needing "climate change" mean in your book?
- Why is the comfort zone the uncomfortable zone?
- Why do you say self-love is not selfish?
- How do we stop and start our own suffering?
- How do we get love from the inside versus the outside?

## EVENTS

Join Author Sandy Stream's live Courage Circle in Montreal on Fridays at 6 pm EST.

Email [info@thecouragecircle.com](mailto:info@thecouragecircle.com) to sign up.